

ADDITIONAL RESOURCES IN SOUTH BEND

Mental Health Resources:

OAKLAWN

Oaklawn in South Bend offers mental health, addiction treatment, and housing support for adults experiencing homelessness, helping them achieve stability and well-being.

Open Access Hours

- Monday, Tuesday, Friday: 8am-2pm
- Wednesday: 12-6pm
- Thursday: 10am-2pm

Phone Number for all three:
+1(574)283-1234

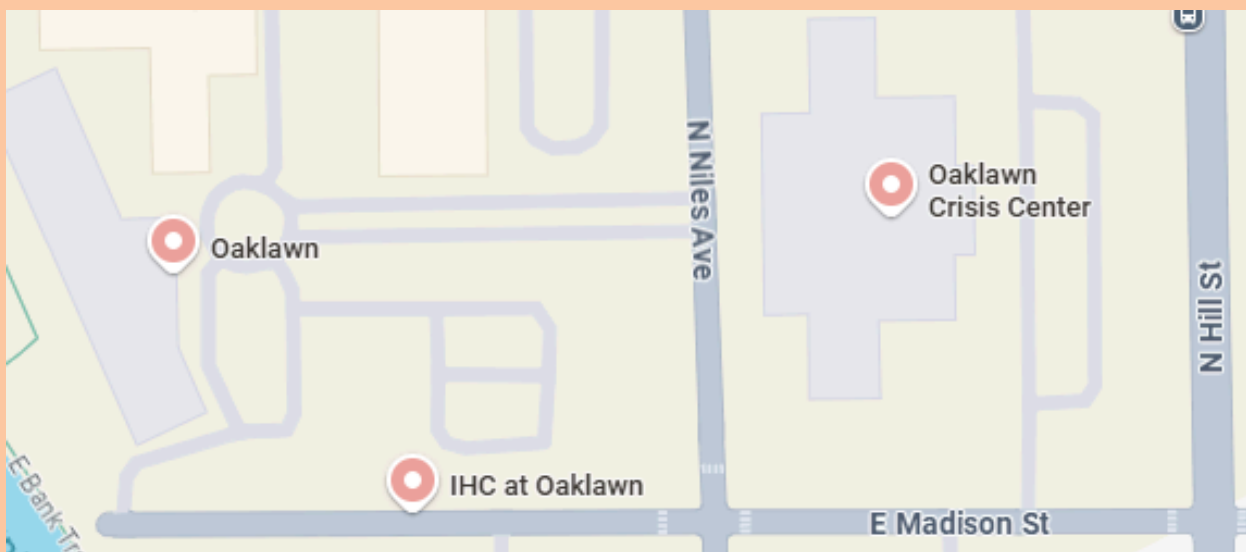
Crisis Center Hours

Every Day: 8am-8pm

Mobil Unit Hours

Every Day: 8am-8pm

Monday, Tuesday, & Wednesday: 24/7



Open Access Address:
415 E Madison St, South Bend, IN 46617

Crisis Center Address:
420 N Niles Ave Suite 100, South Bend, IN 46617

MENTAL HEALTH AWARENESS OF MICHIANA

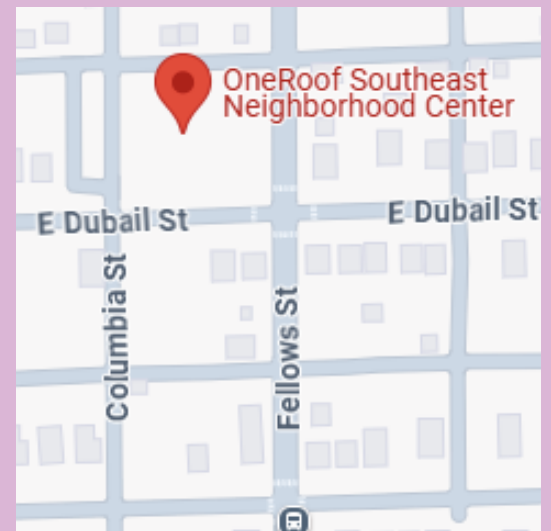
Mental Health Awareness of Michiana (MHAM) in South Bend provides mental health education and connects people to counseling services. They offer free or low-cost programs to help those without insurance access support.

Website: <https://mhamichiana.org/>

BOWEN HEALTH

Bowen Health in South Bend provides medical care, mental health support, and addiction recovery services. They also offer life skills programs and accept Medicaid, ensuring care is available to everyone, regardless of ability to pay.

Website: <https://www.bowenhealth.org/schedule-appointment>
Phone: (800) 342-5653



Both Bowen Health and Mental Health Awareness of Michiana are located at OneRoof.

Substance Abuse Resources:

Outpatient Services: Victory Clinic
(574) 233-1524 or Oaklawn

Inpatient Services: Avenues for
Recovery (260) 368-5803

Residential Program:

Life Treatment Center (574) 233-5433,
Upper Room Recovery (574) 904-4957

Local AA Meetings can be found at:
<https://www.michianasober.com/local-meetings-1>
Click "South Bend" for options near you.

Local NA Meetings can be found at:
<https://www.narcotics.com/na-meetings/indiana/south-bend/>



Call 988 for immediate
mental health needs.