

Crisis Emergency Numbers

Mental health needs

574-283-1234 x1 Crisis Response
24/7 phone, 8a-8p 7 days a week mobile team
Youth Mobile Crisis M-F 1-8p
Crisis Center open M-F, 8a-5p 420 N. Niles Ave Suite 100

OAKLAWN
Toward Health and Wholeness



MHAM

Mental Health Awareness
of Michiana

<https://mhamichiana.org/>

[pro-bono-counseling-project/](https://mhamichiana.org/pro-bono-counseling-project/)

574-222-1707 MHA.Michiana@gmail.com

Call dispatch and request St. Joseph County
Crisis Services Unit or call 574-800-6244

Memorial Epworth Center 574-647-8700

988 Suicide & Crisis Lifeline Resources

Call or Text **988**

Chat 988lifeline.org/chat

Spanish Call 988 (Press 2) or Text **AYUDA** to 988

LGBTQI+ Call 988 (Press 3) or Text 988 & follow the prompts

Veterans Call 988 (Press 1)

Domestic Violence

Call or text

1-866-YES-YWCA.

1102 S. Fellows St.

574-233-9491 →

National Sexual Assault Hotline

1-800-656-4673



National Call Center
for Homeless Veterans
877-424-3838
va.gov/homeless

Suicide Hotline 1-800-273-8255

Youth aged 12-18

Safe Station 24/7

Phone 574-235-9396

Text "SAFE" and location
to 4HELP (44357)

1322 Lincolnway East



Family Justice Center

for domestic affairs

574-289-4357

Upper Room Recovery Cafe

Recovery coaches on site

333 N. Main St

M-F 8a-4p 574-217-7331

