

Crisis Emergency Numbers

Mental health needs

Oaklawn 574-283-1234 x1 Crisis Response

24/7 phone, 8a-8p 7 days a week mobile team, overnights M,T,W,Th

Youth Mobile Crisis M-F 1-8p

Crisis Center **open 7 days a week, 8a-8p** 420 N. Niles Ave Suite 100

Mental Health Awareness of Michiana

<https://mhamichiana.org/pro-bono-counseling-project/>

574-222-1707 MHA.Michiana@gmail.com

United Way 1Roof 305 E. Dubail Ave, 574-393-8809

Bowen Health is also at United Way 1Roof 305 E. Dubail Ave.

Medical care, mental health support, and addiction recovery services. They also offer life skills programs and accept Medicaid. <https://www.bowenhealth.org/schedule-appointment>

Phone: (800) 342-5653

HealthPlus Indiana

Free therapy in person and telehealth lprice@healthplusin.org 574-210-1304

Law Enforcement

Call dispatch and request St. Joseph County Crisis Services Unit or call 574-800-6244.

Call 911 and request an officer trained Crisis Intervention Team (CIT)

Memorial Epworth Center 574-647-8700

Suicide & Crisis Lifeline Resources. Call or Text 988.

Veterans call 988 and press 1.

For Spanish and press 2 or text AYUDA to 988

LGBTQI+ Call 988 and press 3 or text 988.

Chat at www.988lifeline.org/chat

Domestic Violence

YWCA

Call or text 1-866-YES-YWCA.

1102 S. Fellows St. 574-233-9491

National Sexual Assault Hotline

1-800-656-4673

Family Justice Center

574-289-4357 24/7

for domestic violence, stalking, sexual assault, human trafficking.

Veterans

National Call Center for Homeless Veterans

877-424-3838 or www.va.gov/homeless

Youth

YSB Youth aged 12-17

Safe Station 24/7 Phone 574-235-9396

Text “SAFE” and location to 4HELP (44357)

Substance Use

Upper Room Recovery Cafe

Recovery coaches on site 333 N. Main St M-F 9a-4p 574-217-7331